

AN ANALYSIS OF DIFFERENT TYPES
OF PLAYERS IN FOOTBALL MATCH



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Annotation

Introduction. In order to develop the Chinese football and improve the overall level of football players' physical abilities and qualities, the main physical quality indexes of football players were tested and evaluated. In this article the methods of analysis of statistics and literature analysis were used to classify and analyze the characteristics of football striker players' development types, and their physical quality requirements.

Research methods. Through the retrieval of "football", "striker" and "striker" of China Journal Network, the relevant documents were consulted, and the relevant information of the competition was obtained by visiting the websites of the major leagues many times. The videos of all competitions in each major league were observed, statistical factors were analyzed.

Results and analysis. Several categories of attackers have been identified. The analysis of the qualities of football players assigned to a particular category is carried out and well-known football players, representatives of various categories are presented. This paper summarizes and analyzes the type of forwarders and the necessary physical qualities, and provides theoretical basis for the development of football forward techniques.

Conclusion. Although modern football requires every striker to have a comprehensive technique, each striker still has his own main activity area and technical characteristics. Also the striker, there is a tall short, slow speed block, dexterity and bravery difference, the arrangement of training must take into account these circumstances, fully develop the physical and technical characteristics of each striker, to achieve their own strengths.

Key words: football, striker, categories, type, qualities.

Анотація

Вступ. З метою вдосконалення китайського футболу і підвищення загального рівня розвитку фізичних здібностей і якостей спортсменів були протестовані і оцінені основні показники фізичної і техніко-тактичної підготовленості відомих футболістів.

Методи дослідження. За допомогою пошуку "футбол", "нападник" в мережі журналів Китаю в проведений контент-аналіз відповідних документів. Інформація про змагання була отримана шляхом багаторазового відвідування веб-сайтів вищих ліг провідних футбольних країн. Були переглянуті відеозаписи змагань у кожній вищій лізі, проаналізовані статистичні результати. У даній статті методи аналізу літератури були використані для класифікації та визначення характерних типів футболістів-нападників і вимог до їх фізичних якостей.

Результати та їх аналіз. Хоча сучасний футбол вимагає, щоб кожен нападник володів комплексним набором необхідних технічних і фізичних компонентів, у кожного нападника все ще є своя основна галузь діяльності та індивідуальні технічні характеристики. Було виявлено кілька категорій провідних форвардів. Проводився детальний аналіз різних якостей футболістів-нападників, віднесених до тієї чи іншої категорії, класифіковані відомі футболісти – представники виділених авторами категорій.

У статті узагальнено та проаналізовано тип форвардів та необхідні фізичні якості, а також надано теоретичну основу для розвитку техніко-тактичної майстерності нападника різного ігрового амплуа.

Висновок. Представники, віднесені до виділених категорій, відрізняються своїми швидкісними і техніко-тактичними показниками, спостерігаються відмінності в їх координаційних і швидкісно-силових кондиціях. Організація тренувань повинна враховувати ці обставини, а цілеспрямовані тренують впливу сприяти розвитку домінуючих фізичних і технічних характеристик кожного нападника, з метою досягнення і прояви своїх сильних сторін в ігровій діяльності.

Ключові слова: футбол, нападник, категорії, тип, якості

Аннотация

Введение. С целью совершенствования китайского футбола и повышения общего уровня развития их физических способностей и качеств спортсменов были протестированы и оценены основные показатели физической и технико-тактической подготовленности известных футболистов.

Методы исследования. С помощью поиска "футбол", "нападающий" в сети журналов Китая были проведен контент-анализ соответствующих документов. Информация о соревнованиях была получена путем многократного посещения веб-сайтов высших лиг ведущих футбольных стран. Были просмотрены видеозаписи соревнований в каждой высшей лиге, проанализированы статистические результаты. В данной статье методы анализа литературы были использованы для классификации и определения характерных типов футболистов-нападающих и требований к их физическим качествам.

Результаты и их анализ. Хотя современный футбол определяет, чтобы каждый нападающий владел комплексным набором необходимых технических и физических компонентов, у каждого нападающего все еще есть своя основная область деятельности и индивидуальные технические характеристики. Было выявлено несколько категорий ведущих форвардов. Проводился подробный анализ различных качеств футболистов-нападающих, отнесенных к той или иной категории, классифицированы известные футболисты, представители выделенных авторами категорий.

В статье обобщен и проанализирован тип форвардов и необходимые физические качества, а также дана теоретическая основа для развития технико-тактического мастерства нападающего разного игрового амплуа.

Выводы. Представители, отнесенные к выделенным категориям, отличаются своими скоростными и технико-тактическими показателями, наблюдаются отличия в их координационных и скоростно-силовых кондициях. Организация тренировок должна учитывать эти обстоятельства, а целенаправленные тренирующие воздействия способствовать развитию доминирующих физических и технических характеристик каждого нападающего, с целью достижения и проявления своих сильных сторон в игровой деятельности.

Ключевые слова: футбол, нападающий, категории, тип, качества.

Introduction. For every striker success depends on a variety of factors, such as the ability to anticipate, be decisive and maintain calmness, especially under pressure. These qualities are as important for success in sport as accurate shooting, and all players have to improve the ability to bounce and kick the ball into the goal in the air, they must be able to perform the shooting technology under the pressure of limited time and space, physical fatigue, strong opponent and so on. This paper summarizes and analyzes the type of forwarders and the necessary physical qualities, and provides theoretical basis for the development of football forward techniques.

Research methods. Through the

retrieval of "football", "striker" and "striker" of China Journal Network, the relevant documents were consulted, and the relevant information of the competition was obtained by visiting the websites of the major leagues many times. The videos of all competitions in each major league were observed, statistical factors were analyzed.

Concept of forward. Before the 1980 s, the forward was the inner front corresponding to the winger. From the regional point of view, they were the closest to the restricted area, characterized by outstanding header skills, they were generally tall and had strong personal one-on-one ability. The main task was to complete as many scorings as pos-

sible with the support of teammates. In particular, the two wings of support into a goal [1].

From the 1980 s to the present, in a team's tactical system, the advanced positional battle must first have a reliable point in the other side's hinterland to receive the mid-field pass and through this connection to create full time and space convenience for midfielders, including middle and side.

From this point of view, the qualities of modern forward players are: firstly, excellent physical qualities: heights, physical strength, balance; secondly, quality strike technology, not too rough, so as to ensure enough ball control time; thirdly, good tactical awareness, in order to find the

right point in time to pull out the empty when receiving the pass, after the teammate runs to the position reasonable to give the goal; fourthly: the shooting skill. And in the counter-attack to the vanguard quality request is: outstanding header skill.

This is a key forward technology and a signature feature of traditional strikers [2], which includes physical fitness, running awareness, grabbing awareness, ball shooting technology and other ability requirements. It can be said that the current demand for strikers is mainly higher and is reflected in the competition for the position.

Conditions for strikers:

- to have the good ability to be insightful and make full use of any shortcomings in the opponent's defense, such as not keeping an eye on the person, not defending quickly, protecting improperly, learning from the mistake, etc.;

- when backing the opponent's goal, being able to accurately estimate the position of each player on the field and master the technique of turning around with the ball, and have the skill of grasping the opportunity to get rid of the other side's staring tight;

- excellent ball control ability, excellent dribbling ability, good ability of finding running routes;

- possessing a strong desire to shoot, the ability of left and right feet shooting;

- adventure to insert behind the defender.

Five categories of strikers. Such shooters as Ronaldo, Fanny, Henry, Shevchenko, Vieri and others are the most excellent pitchers. The lightning flint shot in front of the gate, the thunderous header, the rainbow's strong pumping, the brainstorm, the imaginative strange hanging can win the cheers of the audience. According to the type of center in the five major leagues in Europe, it can be divided into five types: traditional, almighty, technical, speed and stealth [3].

Traditional. The traditional

striker is a typical striker, they only score goals in the game, they possess strong shooting abilities. Usually they are first-class headers. Traditional strikers are more suitable for "single strikers" than "double strikers". Their role in the team is like tanks, acting as "trailblazers" and directly threatening the opponent's goal. Ukraine's Shevchenko, France's Trezeguet, Australia's giant dimension card are representatives of traditional shooters.

They have unparalleled physical fitness, excellent header and ideal speed, but also have a good spirit of cooperation, even if the other side can use the body and header and running position to open the gap or ferry, create favorable conditions for the teammates behind them. They rarely bring their own breakthrough, accustomed to cooperation, such players can be found almost throughout Europe and South America football developed areas, so the traditional striker cannot be ignored in the football world today.

Almighty type. Most of the all-around strikers are at the heart of the team's attack. They're not as fast as the speed forward, but always have a good shot for his teammates, assists are their pleasure. And they are often the main players of corners and free kicks. Remember when England played Brazil, Ronaldinho's little free kick?

There's no obvious weakness in these players, they are almost omnipotent. Brazil and Italy, the two most technocratic countries, tend to be fertile ground for these all-around forwarders. Henry of France, Raul of Spain and Fanny of the Netherlands, they're both fast and strong, they have better ball control and breakthrough, they are the most adaptable to any kind of forward partner.

One person can break through and fight back, Italy's "Prince of Rome" Totti is the most efficient. In recent years, Totti's position consciousness and shooting technique have become more refined.

He's known for his front line with Cassano, twenty goals in 31 Serie A games, which is such high efficiency. Not inferior to the traditional striker, German striker Carlos made 22 appearances in the German Serie A on 05/06, With 23 goals, the goal rate is 1.05 balls / field. They focus more on personal skills, they are more willing to create opportunities for peers. So, in many cases, the almighty forward doesn't play the role of "terminator", it's the role of opportunity creator. The Dutch "prince of ice", known as Bergkamp, And so on are the world's all-powerful shooter. They'll be able to take the ball more for the team, they do not consider personal gain or loss. Evidently, the almighty shooter can create goals for his teammates, and can also maintain an efficient goal [4].

Technical type. Ronaldo is the representative of the technical shooter, outside the restricted area, he can easily break through, once into the restricted area, but also shows a variety of ways to break the gate. His greatest characteristic is the inspiration in front of the gate and the ability to grasp the fighter plan. Perhaps Ronaldo's brother, Romano, was calmer and more alert. But "alien" Ronaldo's series of skills before shooting, especially the consciousness and ability to keep an eye on the other goalkeeper's direction at the last moment before shooting, is unparalleled.

Speed type. Speed is the ability of an athlete to complete an action in the shortest possible time. For speed forward, the good play is in seven, eight meters space, using amazing speed to break through. Speed forward technology is usually excellent, but its speed is appalling. When it comes to speed, the first thing people think of is "Magic Boy" Owen. In two successive World Cups in 1998 and 2002, Owen's speed gave the Argentine defender a nerve and won England a valuable penalty. Argentina's Messi and Portugal's Figo's speed is amazing, the style is light and chic, often

with the ability to react and break through the other side's back line.

They can accurately and efficiently implement shooting from various angles and distances, and are willing to cooperate with teammates. A statistical analysis of England's special technical indicators for the world's best professional football striker against Brazil in this cup, in 39 games, Owen's goal of using the defender's mistake fully demonstrated his style [5].

But their bodies are generally not very strong, easy to hurt in the confrontation, goals are mainly focused on the foot, the ability to header is average. This kind of speed forward usually appears in the developed regions of Europe and South America, such as England and Portugal, while countries such as Italy and Spain tend to lack such a striker. Zhu Ting in China is a typical representative of speed type.

Tealth type. Some stealth shooters are "invisible" in the front line, or the winger, they act as "shadow forward". At any time to the restricted area, scoring opportunities are no less than the center, such as Kaka, Zidane, Gerrard, Lampard, Scholes and so on. Stealth shooters have a common feature: they may not be efficient shooters who score goals, but they are often the most exciting attack points for the team, not only to create a lot of opportunities for their peers, but also to give their opponents a fatal blow.

Inzaghi, Italy, scored 90% of his goals in front of the gate, using his keen sense of assessment and judgment to send the ball to the other side. In Serie A, nearly 80% of the goals were in the restricted area. Kaka made 16 appearances and scored 13 goals for Milan AC Serie A in the 05/06 season. The goal rate is 0.81 balls / field. Visible stealth shooter in the delivery of explosives for teammates, but also in different areas to give the opponent a fatal blow.

Seven Physical Qualities of Forwards. As an efficient super shooter, their skills, awareness, explosive

force, speed, impact, calming down, fighting spirit and other seven basic qualities, without exception beyond ordinary people.

A) Technique. There is no doubt that technique comes first. If the basic skills are not solid, even providing more shooting opportunities, the possibility to score a goal can only be repeatedly wasted. In a fierce football game, shooting opportunities usually flash in the lightning flint. If the technique is rough, it is likely that there will be no chance to get up, let alone shoot in the goal gate. Technique includes passing, ball control, long shot, defense, dribbling breakthrough ability, headball technology and other qualities [6].

B) Ball control. As the frontmen began to run outside the area, their ball-control skills were also facing a more severe test. If you can't hold the ball firmly at your feet, you are not able to involve your opponent's defense or create opportunities for your teammates. However, because of the tall figure, the strikers generally have a high center of gravity, and their speed is usually not comparable to that of the shorter men. In order to complete the dribbling breakthrough in this case, the striker must have his own unique characteristics.

Ibrahimovic has set an example for others in this respect. In many games, the opposing guard's speed is no less than that of Ibrahimovic, but he still misses one another because he cannot adapt to this unique rhythm [7].

C) Pass. In the past, strikers were often seen as the target of "feeding" their teammates, and now they have to take on the responsibility of creating opportunities for their teammates. Compared to scoring, assists are now an important measure of striker ability. Strikers like Crosse, for example, can sometimes even complete subtle direct passes comparable to "midfield masters" such as Zidane.

D) Remote. A long shot wasn't considered a necessary skill for a center, such as Van Nistelrooy, who

scored more than a hundred goals on behalf of Manchester United, who had only had a long shot outside the gate in the battle with Charlton, and all the other goals were scored in the gate. But when centers stay in the box less and less time, they have to learn to score in a far-off area, so long-range shooting becomes a crucial scoring tool [7].

In the Premier League, for example, Drogba has more than once played the world wave out of the box, including in the Champions League against Barcelona, and Drogba has scored a winning goal for Chelsea with a long shot.

E) Defense. According to the tactical concept of modern football, the counter-attack launched after the success of the middle front field is the most efficient way to score. Under the influence of this idea, the centers who used to be completely outside the defense also need to take on the interceptor in the middle front field. A look at Drogba's data in the Premier League shows an interesting picture. As the team's top scorer, Drogba will naturally become the defensive focus of his opponent, so he has been a total of 50 fouls throughout the season, but at the same time, he has fouled his opponent as many as once.

Drogba received 10 yellow cards throughout the season, even higher than some full-time defenders and backers. But it is Drogba, who is willing to take on the "dirty work", that Chelsea can often give their opponents a fatal blow after the forecourt steals.

F) Awareness. In the same way, front-court players can catch a shot and win the title of the shooter, while others run around, exhausted, but unable to catch a shot. This involves the correct prediction and judgment of ball movement, opponent movement, peer movement and so on. Theoretical study, experience summary, practical training guidance, watching games and so on are all important means to improve shooting consciousness.

G) Explosive force. Explosive force is an essential quality for a forward player. Needless to say, during Patty Stutta's powerful "Cannon heavy Gun" you can see how explosive force is important to a super striker who has scored a goal. The explosive force is the basis of speed, and the two are inseparable [8].

H) Speed. After the son of the Wind, Owen, Henry and Ronaldo took "quick power" to the extreme and tortured the sweaty guard, their body speed, hands and feet flexibility, physical flexibility, multi-body coordination, movement proficiency proved to be very good. Rapid strength refers to the ability of muscles to burst quickly and is an organic combination of strength and speed. Fast power is often used in football training and games. Athletes need to accelerate suddenly, stop or change direction, so that

the speed of body movement is improved [9, 10, 11, 12].

I) Hitting. Strong hit of the ball requires the player's own physical quality, explosive force and speed as the basis, strong body escort. The height of two meters makes Kohler have an unparalleled high-altitude advantage in the restricted area, but what's more terrible is that Kohler is not only a good header, but also a good foot, which makes him often win a shot in front of the other side.

J) Calming down. A cool shot is often a goalkeeper's nightmare. It's not easy to be calm and confident in front of the gate. The calmer the striker is, the more confident he feels [13].

K) Fighting. When Milu coached the Chinese national football team, he made it clear that "attitude determines everything!" In any work, attitude should be the first, followed

by ability. For a striker, perseverance and indomitable fighting spirit are essential qualities. In 90 minutes, he may not touch the ball during 89 minutes, but his confidence must not be shaken. High level games are often in the front line, and whether he can seize the opportunity to score the key goal is the main measure of the striker's high level. At the same time, motivation is important [14].

Conclusion. Although modern football requires every striker to have a comprehensive technique, each striker still has his own main activity area and technical characteristics. Also the striker, there is a tall short, slow speed block, dexterity and bravery difference, the arrangement of training must take into account these circumstances, fully develop the physical and technical characteristics of each striker, to achieve their own strengths.

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